



w i m a y c a

Take some time for yourself...



SOUL-OASIS

Mental Clarity • Emotional Well-Being • Vitali

Here's what you can expect...

EMPOWER

Feel truly supported by life as you activate the power within you!

You'll learn to harness the power of uplifting thoughts and emotions. Through specialized meditations, you cleanse and activate your body's energy centers. Guided inner journeys reconnect you with the deepest essence of who you are. Through restorative YIN YOGA (nourishing yoga, no prior experience required) and joyful, energizing dance, you strengthen your innate connection to yourself. Breathwork helps you replenish your body with vital life energy.

This work of physical and inner development becomes a powerful catalyst for transformation, guiding you back to the strength of your heart. You reconnect with your inner source of power and build greater resilience for whatever life brings your way.

This seminar offers you a new perspective on life. You strengthen your trust in yourself and in the journey ahead. You give yourself permission to discover **what life has in store for you - YOU MAY!**

Erwecke die Kraft Deines Seelen-Feuers!



*We look forward
to meeting you...*

